

# Center Highlights



## *From the Founders -*

Thank you to everyone who helped us celebrate our 10 year anniversary this past year. It was a wonderful year for us and we are proud to be able to continue our work in the bereavement field. As we move forward, we will be trying something different. Usually at this time of year, many people on our mailing list receive two pieces of mail from us, our newsletter and then a few weeks later, our annual appeal letter. The newsletter provides information on what has been happening at the Center and the annual drive asks for financial support for the Center so that we can continue our successful programs that help the grieving population.

In an effort to lower our costs, we are combining our newsletter and **annual appeal** into one mailing. This time you will find a donation envelope in this newsletter. Please consider making a donation in memory of a loved one or in honor of someone you wish to recognize. Recently, we have added **Paypal** to our webpage for those who would like to donate online. Whether you have financially supported us in the past or not, we hope that we can count on your support this year.

In addition to our annual appeal, if you order from **Amazon.com**, you can help us further by accessing our webpage at [www.bereavementcenter.org](http://www.bereavementcenter.org) and then clicking the amazon.com link on the home page before you shop. There is no charge to you and we receive a percentage of the profits, which adds up over the year. Another way to assist us is by signing up for **eScrip**. You can also access their webpage by clicking on the link on our home page and designating our Center to receive contributions through ID # 500006017.

If you are a Merck or Pfizer employee, we can receive **matching funds** in addition to your donation. Matching funds benefit us greatly. Please check with your employer on how to set this up.

In each newsletter there is a **'wish list'** of items needed for our children's programs. By donating these items, it allows our supplies to remain updated for the children's grief support groups and our Camp Millie.

Lastly, by attending our **fundraisers** you help us raise significant money for our programs and we enjoy the chance to meet you and thank you for your support. However you decide to support us, we want you to know that your help is vital to keeping the Center alive. We very much appreciate all you do.

*Shirley and Christine*

Shirley Elrod, LMFT, FT  
Fellow in Thanatology -  
Death, Dying and Bereavement  
Christine Smith, MS

*Mark your Calendar and Plan to Attend!!*

**3rd Annual Fashion Show and  
Luncheon Fundraiser**



**"A Day to Honor the Special Women in our Lives"**

**Thursday, May 5, 2011      11:00 a.m. - 2:30 p.m.**

RiverCrest Golf Club & Preserve, 200 Golf Club Drive, Phoenixville

Fabulous cuisine, a dynamic speaker, makeup artists, raffle and auction items,  
the hottest fashions presented by Philadelphia Premium Outlets at Limerick, and much more!

*Invitations arriving in March. For information or to reserve your table, contact Beth at 610-222-4110, ext. 101*

## UPCOMING PROFESSIONAL TRAININGS

**March 24, 2011 from 9 a.m. - 12:15 p.m.** - We will once again offer our popular ABC's of Children's Grief: K-12, targeted for professionals who work with school aged children who have experienced the death of a loved one.

### **Brand new for 2011 !!!!**

Have you ever wondered about current funeral practices and their origins? Does the funeral experience seem like something we all know exists but we aren't sure why? On **April 7, 2011 from 1 p.m. - 4:15 p.m.** we will offer a workshop entitled De-Mystifying the Funeral Home Experience: Historical and Current Practices in collaboration with the R. L. Funeral Home of Skippack and Franconia. We will feature a view of funeral practices past and present including an in-depth, behind-the-scenes tour of R.L. William's Jr. Funeral Home specifically designed to meet the interest of a wide audience. Anyone who is interested in learning more about the funeral home experience is invited to attend.

Each training is CEU/Act 48 approved for professionals. Cost of trainings is \$60 or two trainings for \$110. Registration form can be found on our website or by calling Claire Drexler at 610-222-4110, ext.104.

### **Playing Bingo for a Great Cause!**

Nearly fifty residents of the **Colony at Skippack** proudly raised over \$1,400 for the Center through a night of bingo games. Organizers **Patty Earhart and Pete Albers** solicited prizes from local merchants and their own Colonists to award the winners. Sincere thanks to our neighbors at the Colony for their generosity. The donation provides support and hope to those who are bereaved.



## **Hope Harvested – Celebrating Our Decade**

**Willow Creek Orchards** was the perfect backdrop for our 10th Anniversary 'Harvest of Hope' Celebration. The weather was summerlike, but all around pumpkins and fall mum plants embellished the setting. **The Victory Brewing Company** provided a bounty of seasonal fare along with a fabulous assortment of craft beers. Wine tasting was



featured by **Twin Brook Winery** who offered guests fine selections from their cellars. Harmonious music of the **Poker Face Blues Band** added to our unique celebration. Auction items delighted guests with trip excursions, sporting events, art, jewelry, and home design packages. Our appreciation to **Comcast** for their sponsorship of this and our spring *Seasons of Hope* Anniversary event.

We are in awe of the incredible talents, donations, and energy of our wonderful Harvest of Hope committee members: **Co-Chairs, Anna Hillman and Ellen Watson, Carol Berardelli, Connie Fretz, Alice Gassner, Barbara Gula, Arlene Kilcoyne, Marilyn Pennapacker, Lauren Rieger, Rose Seponara, and Melissa Smith.** Added thanks goes to **Rob Gassner, Steven Douglass, Fred Seponara, and Drew Smith** for their assistance with greeting guests and parking during the evening. Thank you for your time and endless creativity!

To our **Faithful Supporters and Event Attendees** -

We were able to celebrate this milestone occasion of the Center only because of your commitment and support over the years. We are very grateful!

## **SEASONAL ADULT SUPPORT GROUP PROGRAM**



Support groups gather individuals with similar losses into a circle of encouragement. Call **610-222-4115** to register.

### **On-going**

- Twice-a-month Young Adult Loss – *For those ages post high school- 29 years who have experienced significant loss.* Every other Wednesday: 1/12, 1/26, 2/9, 2/23, 3/9, 3/23, 4/6, 4/20, 5/4, 5/18, 6/1 7:00 p.m. - 8:15 p.m.
- Monthly Loss of Child – *For parents who have experienced the death of a child as an older teen or adult.* 2nd Mondays: 1/10, 2/14, 3/14, 4/11, 5/9, 6/13 7:00 p.m. - 8:15 p.m.

### **Six Week Spring Sessions**

- Support for Suicide Loss – *For any adult whose life has been affected by suicide.* Six Monday Evenings: 2/28, 3/7, 3/14, 3/21, 3/28, 4/4 7:00 p.m. - 8:15 p.m.
- Adult Loss of a Parent – *For men and women who are grieving the loss of a parent as an adult.* Six Monday Evenings TBA 7:00 p.m. - 8:15 p.m.
- Loss of Spouse or Partner – *Age-specific groups offered for men and women.* Six Afternoons or Evenings TBA 1:00 p.m. - 2:15 p.m. or 7:00 p.m. - 8:15 p.m.

~ Other groups scheduled as interest is expressed ~

*Motherless Daughters*

*Men's Loss Support*

*Loss of a Sibling*

*Support for Caregivers*

*Chronic Illness and Disability Support*

# Thank You For Your Support

Part of our spring newsletter is dedicated to the recognition of the numerous people and organizations who have been a tremendous support to our Center over the past year. Many of those listed are faithful donors and others are new to our list, but for all of your generosity, we are continually grateful. Your financial support is doubled by the inspiration and hope that it carries to those individuals and families in need.

## INDIVIDUAL DONATIONS FOR 2010:

(\*)SIGNIFIES TWO OR MORE  
DONATIONS MADE IN THE YEAR

\*Tracy and Joe Abriola  
\*John Alchin and Hal Marryatt  
\*Jim Alexander  
• *In memory of Brian Alexander*  
Anonymous  
Anonymous  
• *In honor of John and Joan's 50th wedding anniversary*  
Mike and Melissa Austin  
Judith Backstrom  
Frank and Elmira Batson  
Kim Beam  
John and Rebecca Bearoff  
Carol and Don Beideman  
• *In honor of Jeff and Kristin Beideman*  
Carol and Robert Berardelli  
• *In memory of David Bauer*  
Richard and Bonnie Bergey  
Mark and Joanne Bidwell  
• *In memory of Brenda Johnson*  
Susan Bishop  
Arthur R. Block  
\*David and Patricia Boreanaz  
• *In honor of Ellen and Dave Watson's 25th anniversary*  
\*Joan and John Bown  
Julian and Lois Brodsky  
The Burke Family  
• *In honor of Christine Smith*  
Pat Campbell  
• *In memory of Scotty Fetzsimmmons and Harold Arsh*  
Joseph and Carole Lee Casacio  
\*Marilee Cassidy  
Brooke Childress  
George and Dot Chmielewski  
Meg and Tony Cinelli  
Patricia and Samuel Clayton  
• *In memory of Albert and Verna Semon, my mom and dad*  
The Cleaver Family  
• *In memory of Alfred "Bud" Cleaver, Jr.*  
Emily Clemens  
Fran Clemens  
Kenneth W. and Frances Clemens  
Mark and Iris Coblitz  
David and Rhonda Cohen  
\*Nancy Cohen  
Thomas and Rosemary Costello  
\*Mr. and Mrs. Pat Croce  
\*Laurie and Carl Daddona  
• *In memory of Renate Praksta, a friend and artist*  
\*Joseph and Denise Daniele  
Steven and Erin Derrah

Henry and Bobbie DeMito  
• *In memory of Antoinette DeMito Billetta*  
Sherry DeMito  
Lynn Doyle  
James and Richard Dreier  
• *In memory of Cindy Dreier*  
Claire Drexler  
Patty and Jim Earhart  
• *In memory of Michael Miller*  
• *In memory of Rene Lento*  
Yvonne and Glenn Eglinton  
Gail Elrod  
• *In memory of Wade Elrod*  
Shannon Elrod  
• *In honor of Shirley Elrod*  
\*Pam Euteneuer  
Jane Evans  
\*Roy and Nancy Fairman  
Liliana Fasolak  
• *In memory of Lil Fasolak-Thompson*  
Wendy Fisher  
Kathryn Fitch  
• *In memory of Timothy Fitch*  
John and Ellen Flynn  
Heather Franklin  
Robert Freeston  
• *In memory of Alberta E. Freeston*  
Jillian Gallagher  
• *In memory of Thomas and Betti Gallagher*  
Tom and Joyce Galloway  
Alice and Rob Gassner  
• *In memory of Lindy Wolfenden*  
Joanne Genther  
Anthony and Lori Giaquinto  
Judy Giuliano  
• *In memory of Scott McKeeman*  
\*Sara and Jim Gowing  
Harris and Mary Pat Gramm  
Amy Grant  
Francis and Dawn Hann  
Elizabeth F. Harr  
• *In memory of Alberta L. Freeston*  
Herbert and MM Harris  
Melanie and John Harris  
Gordon Hart  
Dottie Heebner  
• *In memory of Ken Reyburn*  
\*Pam and Mara Howard  
The James Family  
• *In memory of Ronnie James*  
Joanne Jenkins  
Andrea Kantor  
• *In memory of Andrew Cavito*  
\*Winnie Keller  
Jack and Carolyn Kelly  
Pat Keeney  
\*Raymond and Theresa Kerlin  
• *In memory of Jimmy Cusack*  
\*Susan Kim  
Gloria Kimmel  
\*Nicole Kline  
• *In memory of Cory Kline*  
Linda and Chase Kneeland  
John Konvalinka  
James and Suzanne Ksansnak

\*David and Janice Lamphere  
Kathy Leflar  
• *In memory of Scott Leflar*  
Peggy Linder  
Marilyn and Bill Lobley  
• *In memory of Gregory M. Rowles*  
\*David R. Lowthert  
Nancy Ludwick  
\*Ed Mannello  
\*Ruby Marchese  
Sadie and Judy Markley  
• *In memory of Patrick Markley*  
Jake Marron  
Walter and Blanche Matthew  
\*Don and Cheryl Mattson  
• *In memory of Bessie Fink*  
Jerry Maye  
• *In memory of Jesse Maye*  
Brent Mayer  
Mary and Carl Mazzocco  
Jeanne McDonald  
Irene McGoldrick and Mike Hogan  
Bob and Jeanne Melchionni  
Rodney and Michelle McKenna  
Bob and Jeanne Melchionni  
George and Sue Meschter  
Carla Meszaros  
Ann Metcalf  
• *In memory of Arlene Butz*  
Donna Monk  
• *In memory of Shirley Banis*  
Johan and Shani Moran  
Kathy Moyer  
Don and Doris Myers  
\*The Napoli Family  
• *In memory of Frank Rohlfig, Sr. "Pop-Pop"*  
Debby Nichols  
• *In memory of Auntie Ro Geiger and Marlyne Lyons*  
Beverly and Sam O'Brien  
Mr. and Mrs. Patrick O'Donnell  
Sheldon Opielski  
Susan Opielski  
Wanda Opielski  
Jay and Barb Keeley and Ashley O'Connell Keeley  
• *In memory of Colleen O'Connell*  
\*Patricia O'Shaughnessy  
• *In memory of Connor McKelvie*  
Robb and Gina Parlanti  
• *In memory of Dolly Spagnoletti*  
Jeffrey and Donna Pearson  
Andrea and Andrew Pellegrino  
Cindy Perkiss  
Jeffrey and Donna Pearson  
Doris J. Plager  
• *In memory of David Glenn Bradley*  
Bonnie S. Platt  
• *In memory of Alma Spool*

\*Rita Porreca  
• *In memory of Lew Porreca*  
Leonard and Roberta Podolin  
Georganne Regan  
• *In memory of the Kerlin/Regan families*  
Gretchen and Jay Riley  
\*Ted and Sandra Ritchie  
• *In memory of Hugh and David McGinnis*  
Carolyn and Paul Rossi  
Leslie and Gary Rowles  
• *In memory of Gregory M. Rowles*  
\*Pat Ruser and family  
• *In memory of Michael R. Ruser, Sr.*  
• *In honor of Alice and Rob Gassner*  
• *In honor of Bob and Carol Berardelli*  
Roma Scarduzio  
\*Suzan Schlachta and Jocelyn, Jordan, Sydney and Harrison  
Sheila and Neal Schneider  
• *In honor of Christine Smith*  
Linda Schmidt  
Alison Schmitt  
• *In memory of Nello Naticchione*  
\*Linda, Ted and Adam Segal  
• *In memory of Michael G. Segal*  
Verna Seiler  
\*Carl and Holly Sensenig  
Nancy J. Shane  
• *In memory of Bert Freeston*  
Manisha Shendge  
Jane Shinehouse  
Bob and Ruth Sibel  
• *In memory of Frank K. Geyer, Jr.*  
Chris and Ashley Smith  
Drew and Melissa Smith  
Mark and Beth Smith  
Oliver and Rosalie Smith  
Robert and Barbara Smith  
Brad Sokoloff  
• *In memory of Teri Sokoloff*  
Michael Strohecker  
• *In memory of Amy Strohecker*  
Mr. and Mrs. Michael Tallent  
Elizabeth Tavenner  
• *In memory of Cloyd T. Tavenner*  
Jane A. Thomson  
• *In memory of my husband, John D. Thomson*  
Nancy Threlfall  
Virginia Tinner  
Dr. Stephen and Yen Lesse Vernille  
Joseph and Patricia Villante  
• *In memory of Laura Villante*  
Emily Vincent  
• *In honor of Allison Kerlin*  
Lisa, Emily and Sarah Ward  
• *In memory of Michael Ward*

Ellen and Dave Watson  
Frances A. Witte  
Tara, Natasha and Nicholas Woodruff  
• *In memory of Jay Woodruff*

## BUSINESSES / ORGANIZATIONS:

Ashley Advertising Agency  
Brooke Glen Behavioral Hospital  
Central Schwenkfelder Church-Ladies Aid Society  
Comcast  
Elmark Packaging, Inc.  
Feta Med Inc.  
Global-Tec Enterprises, Inc. (Adriana Velez)  
• *In memory of Stephanie Favata*  
Green Tree Church of Brethren  
Jay Ann Intimates (Farrell Friedenber)  
• *In memory of Stephanie Favata*  
Kohl's Department Store  
Merck Partnership for Giving (matching funds)  
MIR Physical Therapy, Inc.  
Phi Alpha Sorority  
\*St. Luke's United Church of Christ  
Women's Guild of Wentz's United Church of Christ  
Won Community Service Center

## FOUNDATIONS:

Anonymous  
• *In honor of Ellen Watson*  
Connelly Foundation  
Gifts of Joy Foundation  
Lewis Donor Advised Fund  
Nello Memorial Fund  
The Aileen K. and Brian L. Roberts Foundation  
The Stratton Foundation

## GIFTS IN KIND:

Thank you to all the individuals and families who donated items from our Wish List to be used with our children's programs. Your support of Nello's Corner and Camp Millie is so appreciated.

Shirley and Brad Elrod  
• *In celebration of Jason's graduation*  
Lawrence and Christine Smith Charitable Trust  
• *In memory of Ann Jenkins Wollpert, her son, Worth, and our beloved parents*



# THE CENTER FOR LOSS AND BEREAVEMENT

Children's Summer Camp **Camp Millie**

Catch a Wave and a Breeze  
at

**Camp Millie 2011**



## BEACH BLAST!

June 27th, 28th, 29th, 30th  
9:00 a.m. - 1:30 p.m.

Surf's Up at the Center's summer bereavement program called Camp Millie. Designed to connect those ages 6-14 with peers who are grieving the death of a close family member, Camp Millie invites children into an environment of safety and hope.

This year, our beach theme will use images of sand, sea, and survival, as the campers share their stories and reach for support.

New friends are sure to be found amid sharks, water balloons, and sand castles. It will be a blast!



**FOR TEENS** Camp Millie offers a unique opportunity for those **ages 12-14**. Limited to just eight participants, these campers will volunteer during morning activities, then meet in their own cabin for special discussions and activities designed to focus on their specific loss. These young teens form a very special bond by helping each other and the Camp altogether.

- Camp Millie is held at the *Variety Club Camp and Developmental Center* in Worcester, PA, just 5 minutes from the Center. The fee per camper is \$100 with discounts offered for families with multiple children. This includes all activities such as swimming, snacks, lunch on the last day, and t-shirt. Campers provide their own transportation and bag lunches.



Families of new and returning campers are encouraged to contact the Center by calling or logging on to our website at [www.bereavementcenter.org](http://www.bereavementcenter.org).  
**Register Now** - Camp was filled to capacity last year!

### WISH LIST - DONATIONS NEEDED FOR OUR CHILDREN'S PROGRAMS

#### Craft or Discount Store Items

- Gift cards (Walmart, AC Moore, Michaels, etc.)
- Avery Dark t-shirt transfers
- Fabric Paint
- Glitter glue
- Large pillows for sitting
- Small paper mache boxes
- Colored sand
- Tempra paint

#### Dollar Store Items

- Sponges (all sizes for crafts and games)
- Water balloons
- Small decorative items- shells, colored stones, pebbles
- Battery-operated tea lights
- Small glass votives
- M&Ms and Starbursts
- Tube socks

#### To Collect

- Empty plastic Gatorade or soda bottles (12-16 oz size)
- Cardboard egg cartons
- Scrapbook materials

**Call 610-222-4115 to drop off your donation. Thank you very much!**



# THE CENTER FOR LOSS AND BEREAVEMENT

Children's Bereavement Program - Nello's Corner



## Welcome to our newest staff member - Christina Larkin

Our Center is proud to introduce the newest member of our facilitation staff. Christina was drawn to the Center's philosophy and impressed by the varied services offered to the grieving community. Upon completion of our Volunteer Facilitator Training in April 2009, she worked as a volunteer for both of our children's support programs, Nello's Corner and Camp Millie. A natural talent for connecting with children can be seen through her abundance of energy, enthusiasm, and empathy. Families at the Corner have quickly recognized her ease and enjoy her confident presence. When asked what she enjoys most in her work here at the Center, she replied, *"Having fun with the kids and being in a comfortable environment where they have a special outlet."* Some of the children she has supported in other work situations unfortunately came from families who were resistant to accepting support. *"Here at the Center"*, she says, *"it's a plus because the families are already supportive prior to bringing their children into the program."*



Christina has earned Master's Degrees in Psychology for Developmental Research and in Education with a Certification in Elementary School Counseling. Her desire to work with children dates back even before her professional years as a school counselor in a local district. She has taught gymnastics, volunteered as a "Big Sister", and enjoyed time as a nanny. Christina grew up in the Norristown area and currently lives with her husband and one year old son. We feel fortunate and very excited to have Christina join our dedicated team of professionals!

### Children's Support Groups

Nello's Corner, the bereavement support group program for children ages 4-17 who have experienced the death of an immediate family member, is currently offering the following groups:

- Tuesdays at 4:30 pm for 4-6 yrs, 8-9 yrs
- Tuesdays at 7:00 pm for 10-12 yrs, 12-14 yrs, Teen 15-17 yrs
- Wednesdays at 4:30 pm for 6-8 yrs, 10-12 yrs
- Wednesdays at 7:00 pm for 8-10 yrs

### Volunteer Facilitator Training

**March 18th, 19th, & 26th from 9 a.m. - 4 p.m.**

Completion of this three-day Facilitator Training Course and a one year commitment is required.

Contact us today and join our team!

*Adults are needed for the following opportunities:*

- Nello's Corner volunteers are assigned to a specific group which meets every other week, September to June. (4.5 hrs/mo)
- **Camp Millie** volunteers are assigned as Buddies to 2-3 campers for the four-day program. (5.75 hrs/day).

**Call 610-222-4115 for more information or visit our website - [www.bereavementcenter.org](http://www.bereavementcenter.org)**



### FAMILY MEMORY SQUARE NIGHT

*"Quilt drawing time has become a very special time for Adam and me. It gives us a time to remember his dad, Michael, in a positive atmosphere. While there, I realized how 'safe' Adam must feel to talk about his dad in that room since our conversations about Michael flowed so easily. Nello's has really offered both my boys a place to feel comfortable with their unique loss. My older son received so much from it that he hopes to one day, while in college and afterwards, volunteer to offer assistance in a place like Nello's to help someone like him."* Linda (parent and third time Memory Night attendee)



The popular Nello's Corner Annual Family Memory Square Night was held on December 2nd, bringing 54 people to our Center. The children and teens enjoyed delicious treats, met new kids from other groups, and shared stories of their person who died as they used artwork to express memories on a quilted fabric square. Thank you to all who attended and assisted with the event!

### ***Board of Directors:***

*Christine Smith, Board President*      *Carl Sensenig*  
*Shirley Elrod, Executive Director*      *Christopher Smith*  
*Connie Fretz, RN*      *Kathleen Thomas, Esq.*  
*Anna Hillman, CPA*      *Ellen Watson*  
*Marilyn Pennapacker*

### **~Attention Graduate Students~**

**Are you interested in learning more about the field of bereavement? Gain valuable, hands-on experience by working as an intern alongside professional staff during **Camp Millie 2011 - Beach Blast!** Call 610-222-4110 ext. 118 for application.**

## **The Center for Loss and Bereavement**

**Website: [www.bereavementcenter.org](http://www.bereavementcenter.org)**

**Phone (610) 222-4110 Fax (610) 222-4116**

### **Staff Directory:**

<b>Christine Smith</b>	Board President, Co-Founder	---	<a href="mailto:cjs@bereavementcenter.org">cjs@bereavementcenter.org</a>
<b>Shirley Elrod</b>	Executive Director, Co-Founder	ext. 102,	<a href="mailto:sje@bereavementcenter.org">sje@bereavementcenter.org</a>
Beth Douglass	Community Outreach & Development Coordinator	ext. 101,	<a href="mailto:bad@bereavementcenter.org">bad@bereavementcenter.org</a>
Claire Drexler	Therapist	ext. 104,	<a href="mailto:csd@bereavementcenter.org">csd@bereavementcenter.org</a>
Mary Flenders	Nello's Corner Coordinator	ext. 119,	<a href="mailto:mf@bereavementcenter.org">mf@bereavementcenter.org</a>
Lois Harris	Program Director	ext. 118,	<a href="mailto:lh@bereavementcenter.org">lh@bereavementcenter.org</a>
Pat Keeney	Support Group Facilitator	ext. 120,	<a href="mailto:pak@bereavementcenter.org">pak@bereavementcenter.org</a>
Steve Keller	Therapist	ext. 105,	<a href="mailto:sk@bereavementcenter.org">sk@bereavementcenter.org</a>
Christina Larkin	Support Group Facilitator	ext. 121,	<a href="mailto:cml@bereavementcenter.org">cml@bereavementcenter.org</a>
Emily Vincent	Clinical Director, Therapist	ext. 103,	<a href="mailto:emv@bereavementcenter.org">emv@bereavementcenter.org</a>

*If you wish to be removed from our newsletter, please contact Beth Douglass at 610-222-4110, x.101 or [bad@bereavementcenter.org](mailto:bad@bereavementcenter.org)*

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